

A Brief Outline of the Training

Tap into the magic of the Forgiveness Process in Couple Therapy with EFT's Attachment Injury Resolution Model (AIRM)!

Expand what you have learned in your Externship and Core Skills Trainings

Master the AIRM



The Attachment Injury Resolution Model (AIRM), developed and empirically validated by Dr. Sue Johnson and colleagues, effectively resolves attachment injuries that block relationship repair.

Extra-marital affairs are only one example of a relationship Attachment Injury. Many other events can have an equally devastating impact on the relationship bond. The construct of an attachment injury was first defined in 2001 by S. Johnson, J. Makinen and J. Millikin as a specific event "where one partner violates the expectation that the other will offer comfort and caring in times of danger and distress."

Lorrie Brubacher, M Ed, EFT Trainer, has developed, together with Dr. Lillian Buchanan, an Interactive Video Training Program in the EFT AIRM. In support of the EFT AIRM Training Program Dr. Judy Makinen writes, "You have made the attachment injury concept, which historically has been overlooked and/or minimized by therapists, come alive in a way that research can never do."

- This workshop will bring the AIRM alive for you!
- Observe and apply the steps and interventions of the EFT AIRM for repairing attachment

