

The Australian Centre for Emotionally Focused Therapy (EFT)

ACEFT

MCEFT

Melbourne Community for
Emotionally Focused Therapy

Australian Assembly on Affect & Attachment: Theory into Practice with Emotionally Focused Therapy (EFT)

Two days of international speakers via video-link and Australian
speakers in person plus experiential exercises

This innovative conference will bring international speakers via video link into two Australian locations (Brisbane & Melbourne) as well as featuring Australian speakers and using the power of the group for experiential exercises, networking and support.

Summary of Day 1 Keynote address by Dr Sue Johnson on Attachment Science, Workshop on The Practice of Emotionally Focused Therapy for Individuals (EFIT) by Dr Veronica Kallos Lilly

Summary of Day 2 Jean Malpas on working with gender-diverse couples, Dr Stefanie Carnes on Sexual Addiction and Olivia Donaghy on working with families with gender-diverse young people

Melbourne 7 & 8 March 2020

Abbotsford Convent

1 St Heliers St Abbotsford VIC 3067

Brisbane 7 & 8 March 2020

Pacific Hotel

345 Wickham Terrace, Spring Hill QLD 4000



Dr Sue Johnson: Founder of Emotionally Focused Therapy (EFT)

Dr. Sue Johnson is an author, clinical psychologist, researcher and a leading innovator in the field of couple therapy and adult attachment. Sue is the primary developer of Emotionally Focused Couples and Family Therapy (EFT), which has demonstrated its effectiveness in over 30 years of peer-reviewed clinical research. She is the director of the International Centre for Excellence in EFT, a Distinguished Research Professor at Alliant University in San Diego, California, as well as Professor Emeritus, at the University of Ottawa, Canada. Her latest book, Attachment Theory in Practice: EFT with Individuals, Couples and Families, shows the promise of attachment science in terms of making sense of and repairing our most precious relationships and thriving as strong resilient individuals. We are honoured to have her open this assembly for us.



Dr Veronica Kallos-Lilly: Director of Vancouver Centre for EFT

Veronica Kallos-Lilly is a Registered Psychologist in Canada and Founding Director of the Vancouver Centre for Emotionally Focused Therapy (vceft.ca). As a Certified EFT Trainer, Veronica has enjoyed presenting EFT both locally and internationally for over 24 years. Her first book, "An Emotionally Focused Workbook for Couples: The Two of Us," was published in 2015 with co-author Jennifer Fitzgerald. Veronica looks forward to once again connecting with Aussie audiences and sharing new developments in using EFT to foster secure attachment with individuals.

TO REGISTER FOR BRISBANE GO TO: www.aceft.com.au/australian-efit-assembly-2020/

TO REGISTER FOR MELBOURNE GO TO:

<https://melbourneefit.com/event/australian-assembly-on-affect-and-attachment-theory-into-practice-with-emotionally-focused-therapy-efit/>



Jean Malpas: Ackerman Institute New York

Jean Malpas LMHC, LMFT, is the Founder and Director of the Gender & Family Project at the Ackerman Institute for the Family, Director of International Training, and a psychotherapist in private practice in New York City. He has presented nationally and internationally on topics of gender, sexuality, addiction, couple and family therapy. His work with lesbian, gay, bisexual and transgender individuals, couples, and families has been published in numerous books and journals. Media appearances include the TEDx Talk "The Gift of Gender Authenticity," National Geographic's "Gender Revolution: A Journey with Katie Couric," and PBS Frontline: "Growing Up Trans." The Gender and Family Project has been recognised with many major awards.



Dr Stefanie Carnes: President International Institute for Trauma & Addiction Professionals

Stefanie Carnes, PhD, is the President of IITAP, and a senior fellow for Meadows Behavioural Healthcare where she works with sexually addicted clients and their families. She is a licensed marriage and family therapist and an AAMFT approved supervisor. Dr. Carnes is also a clinical sexologist, and certified sex addiction therapist and supervisor, specializing in therapy for couples and families struggling with sexual addiction. She is also the author of numerous publications including her books, "Mending a Shattered Heart: A Guide for Partners of Sex Addicts", and "Facing Heartbreak: Steps to Recovery for Partners of Sex Addicts", and "Facing Addiction: Starting Recovery from Alcohol and Drugs".



Olivia Donaghy: Coordinator QLD Children's Hospital Gender Clinic

Olivia Donaghy, Psychologist, established the multi-disciplinary children's gender service in QLD and continues to lead the Queensland Children's Hospital Gender Clinic and State-wide Service. Olivia has worked with trans and gender-diverse children, adults and their families for ten years in community organisations, Child & Youth Mental Health (CAMHS), private practice and gender clinics. She trained in systemic family therapy within CAMHS and completed a summer externship at the Ackerman Institute for the Family. Olivia presents at national conferences in the area of childhood gender diversity, adolescent mental health and the psychological support of LGBTIQ+ people and their families.

Day 1 – EFT for Individuals (EFIT)

Registration from 8.30am

9.00	Welcome from Dr Jenny Fitzgerald
9.05-10.15	Key Note Address by Dr Sue Johnson (video-link) Attachment Science: The Way Forward for Psychotherapy
10.15-10.30	Morning Tea
10.30-2.00	Dr Veronica Kallos-Lilly (video-link) EFT for Individuals (EFIT): Creating Security Within Self and Relationship
2.00-3.00	Lunch
3.00-4.00	Theory into Practice Video of Sue Johnson demonstrating EFIT
4.00-4.30	Afternoon Tea
4.30-5.00	Experiential exercises on EFIT lead by Dr Jennifer Fitzgerald & Dr Clare Rosoman (Bris) and Linda Murrow and Dr Karen Johnson (Melb)

Day 2 – Working with Diversity in EFT

Registration from 8.30am

9.00-11.00	Jean Malpas (video-link) Supporting Couples Through Gender Affirmation
11.00-11.30	Morning Tea
11.30-1.30	Dr Stefanie Carnes (video-link) Sexually Compulsive & Addictive Behaviour: The Controversy, Diagnosis & Implications for Treatment
1.30-2.30	Lunch
2.30-3.30	Olivia Donaghy Transitioning the Family System: Applying Systemic Practice with Gender Diverse Children & Adolescents
3.30-4.00	Afternoon Tea
4.00-4.50	Theory into Practice Case Presentations by Associates of ACEFT
4.50-5.00	Wrap up by Dr Jennifer Fitzgerald (Bris) and Gail Hawking (Melb)

REGISTRATION:	ONE DAY EARLY BIRD	(before 7 Jan 2020)	\$250
	ONE DAY FULL RATE	(after 7 Jan 2020)	\$260
	TWO DAYS EARLY BIRD	(before 7 Jan 2020)	\$480
	TWO DAYS FULL RATE	(after 7 Jan 2020)	\$500
Full-time students receive a 20% discount on registration fees (Proof of enrolment required)			

[**CLICK HERE FOR BRISBANE REGISTRATIONS**](#)

[**CLICK HERE FOR MELBOURNE REGISTRATIONS**](#)

Please note: All prices include GST. 100% refund for cancellations more than 2 months before the event, 50% refund for cancellations within 2 months. No refunds for cancellations within 1 month.



Visit the website for the **Australian Centre for Emotionally Focused Therapy** and join the email list for updates on EFT training events throughout Australia at www.aceft.com.au



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